

CREATING POSITIVE CHANGE

Sanford Education Programs are dedicated to the health, safety, and well-being of our PreK-12 district and organizational partners, the students we serve and Sanford employees. Across the U.S. and the world, educators, businesses and communities are making daily shifts in operations to limit the spread of COVID-19. Many organizations are transitioning to a virtual learning environment.

As a committed educational partner, Sanford Harmony is working quickly to build and launch at-home SEL resources for parents, teachers and students to support continued learning while at home.

HARMONY AT HOME

INSPIRE AT HOME

SANFORD
HARMONY™

Schools and organizations across the country are utilizing the no-cost Sanford Harmony social emotional learning (SEL) program to build healthy relationships and develop boys and girls into compassionate and caring adults.

We also have included a list of recommendations of short video modules (30-60 minutes) through our Sanford Inspire program as a helpful resource for parents, guardians, and educators. You may find [Teaching Students Empathy](#) beneficial to have strategies on how to model, establish, and nurture empathy in these early days of dealing with the spread of COVID-19. Additional Inspire and Harmony modules will be recommended in the weeks to come, and instructions for accessing modules are included in the toolkit.

Harmony at Home is a program to support parents/caregivers as they begin to school their children at home. Follow these simple steps to build the skills you need to meet the social and emotional needs of your children during this difficult time.

1. [Harmony at Home link](#) with your local school districts and partners
2. Register for [a live training webinar](#)
3. Watch the [Harmony at Home training video](#)
4. Review the annotated [Getting Started Guide](#) to navigating the Sanford Harmony Online Learning Portal and other materials.
5. Explore [Everyday Practices at Home](#)
6. Explore the [Lessons & Activities at Home](#).
7. Watch this [video about SEL for parents](#) from the Collaborative for Academic, Social, and Emotional Learning (CASEL)
8. Access the additional [Parent and Caregiver Support Resources](#)



The Sanford Inspire movement prepares and supports inspirational teachers through research-based knowledge, tools, and practices. The TAMU College of Education has partnered with Sanford Inspire to provide modules to our students, free of charge, to develop and enhance their skills as future K-12 educators.

Inspire at Home is a free online toolkit curated with vital training that equips you to practice effective self-care and support your students as they learn at home. This toolkit includes Sanford Inspire resources developed especially for classroom teachers to help you cope with stress, respond to students mindfully, and build relationships in a virtual teaching landscape.

Getting started with Inspire at Home is easy. Following the steps below will give you access to the resources you need to help you cope with stress, respond to students mindfully, and build relationships in a virtual teaching landscape.

1. Use the annotated [Getting Started Guide](#) to help you navigate the site .

2. Register for the [Online Learning Portal](#) and log in to access modules. It's free!
3. Navigate directly to a selected module from the links provided.
4. If the link doesn't take you to the module, don't worry! Go to the Dashboard and search for modules by name.
5. When searching for modules, type a keyword from the title or include the full title.
6. You can also browse by topic when you want to explore more resources.
7. Access the [Teacher Self-Care Resources](#)
8. Use the [Student Support Resources](#) to connect with your students online
9. Use the [Parent and Caregiver Support Resources](#) to support parents remotely

Looking for more activities for children to do from home?

College of Education students are rising to the challenge! Check out our repository of student-created activity videos!

Student-Created Virtual Learning