

The Bear Essentials

February 20, 2023

Principal's Message

With a sprinkle of fairy dust, things turned quite magical at our **Once Upon A Read-A-Thon** assembly this past Friday. Everyone was very excited about this great event to help support the Alive! Enrichment programs here at TJE. Also, students got to learn about the awesome slate of prizes put together by our PTA members. Timed to support resources for our readers, our book fair is open this week, Tuesday-Friday. Our Read-A-Thon starts Monday, February



27th, but your student can begin taking pledges now. For more information, including important links, see below (page 6)!



Best regards, Ms. Koehler

Important Information, Announcements & Resources

TK Enrollment Starts Tuesday, February 21st for the 2023-2024 School Year!

You can check out the district web page for more information here:

Link: <https://www.scusd.edu/transitional-kindergarten>

Please note, that **applications should be submitted online, or by downloading and submitting in person at the Enrollment Center**, 5601 47th Avenue. To apply, families will need to provide photo identification, address verification, and proof of birth documentation.

Early Childhood and Care Enrollment staff are available Monday-Thursday 8:00am-3:30pm and Fridays 8:00am-12:00pm at the SCUSD Enrollment Center (5601 47th Avenue) to help families apply. They can also be reached at (916) 395-5500. You can also check our district information flyers on pages 8 and 9.

Kindergarten Registration Continues Online & @ the Enrollment Center

Parents/guardians can register their student for kindergarten by one of the following methods:

- online
- at the Enrollment Center

Link: <https://www.scusd.edu/kindergarten-registration>



Calendar of Upcoming Events

- 🐾 TJE Kindness Characteristic: February – Random Acts of Kindness
- 🐾 February 1st-March 1st Black History Month
- 🐾 February 21st Black Parent Involvement Day
- 🐾 February 21st Transitional Kindergarten Registration Begins!
- 🐾 February 23th Talent Show Dress Rehearsal 6:00-7:00 pm
- 🐾 February 24th Talent Show 6:00-7:00 pm
- 🐾 February 21st-24th Book Fair
- 🐾 February 27th-March 3rd Read-A-Thon

Looking ahead...

- 🐾 March-12th Daylight Savings Time Starts
- 🐾 April 3rd-7th Spring Break
- 🐾 April 22nd Earth Day
- 🐾 May 12th & 13th Willy Wonka Jr. School Play

Covid-19 is still circulating throughout our community. If your student has symptoms of illness, please contact our office. Testing is available onsite and we can also provide take home testing kits from InteliSwab.

Testing Kit Information:

Please note this test takes 30 minutes to complete.

- Keep the test stand for all tests in the box. You will need to use it for the second test.
- Use the easy to follow pictures and instructions inside the box on how to do the test.
- When used for children, the test should be performed by an adult.
- For those 14 years and below: slowly circle the swab in EACH nostril at least 4 times while gently pressing against the inside of the nostril. This should take about 15 seconds.
- For those above the age of 15: Swab each nostril, circling at least 15 times.



New Links!

Primary Health Testing Results Flyer

https://www.scusd.edu/sites/main/files/file-attachments/b2s_testing_flyer_8.5x11_8.5_081822.pdf?1660836193

InteliSwab Instructions & YouTube Instructional Video

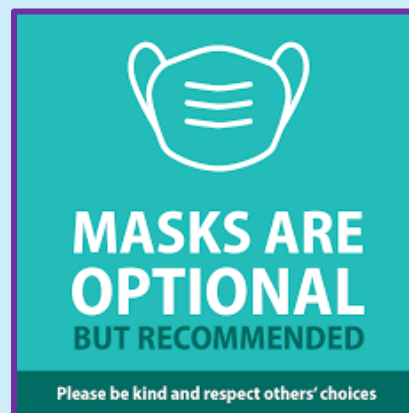
<https://www.scusd.edu/sites/main/files/file-attachments/intelismwabinstructions1.pdf>

<https://www.youtube.com/watch?v=B16-Vvbkdk>

COVID-19 Test Kit Report Links and Additional Information

Here is the link to report your test results:

<https://my.primary.health/finder>



Implementing the SCUSD School Wellness Policy

“SCUSD passed the Wellness Board Policy 5030, which is an important tool for promoting student wellness, preventing and reducing childhood obesity, and assuring that school meal nutrition guidelines meet the minimum federal school meals standards. The policy contains goals specifically for nutrition promotion and education, physical activity, and other school based activities that promote student wellness.” Please adhere to these guidelines, along with our Student/Parent Handbook Snack/Recess Procedures (page 20) that prohibit candy, soda, etc. Below is information from SCUSD’s brochure regarding the Wellness Policy, including classroom celebrations.

What is a Wellness Policy?

“A Wellness Policy is an important tool for parents, educational agencies and school districts in promoting student wellness, preventing and reducing childhood obesity, and assuring that school meal nutrition guidelines meet the minimum federal school meals standards. It contains goals specifically for nutrition promotion and education, physical activity, and other school based activities that promote student wellness.” -USDA



Food on Campus

What may be served & sold on campus?

Foods and beverages served and sold in schools must meet strict federal and state regulations for calories, saturated fat, sodium, sugar, and trans fat. For an easy-to-use list, visit www.scusd.edu/wellnesspolicy.

When are these regulations in effect?

PreK-8th grade:

Regulations are effective from midnight to a half hour after the school day or expanded learning (whichever is later).

High schools:

Regulations are effective from midnight to a half hour after the school day.

How can you tell which foods are compliant?

Other than fresh fruits and vegetables, which are always compliant, food compliance varies widely. Use the California Project Lean calculator to determine compliance of items: www.californiaprojectlean.org

To whom do these regulations apply?

These federal and state regulations apply to Non-Charter Public Schools participating in the National School Lunch Program.

Fundraising Regulations

School student-organizations must comply with all food and beverage standards. This includes how many items they can sell, pre-approval of the items, when they can sell, how many sales can be done per year, and more.

Regulations differ between elementary schools and middle/high schools. For more information visit our webpage at www.scusd.edu/wellnesspolicy

Classroom Celebrations

SCUSD employees, parent organizations, and outside organizations will not use any food or beverage as a reward, incentive, or punishment for academic performance or good behavior.

Schools can promote a positive learning environment by shifting the focus from food during classroom celebrations, and striving to have non-food celebrations or healthy non-allergenic food. Food must be compliant with Competitive Foods regulations.

Awesome Celebration Ideas:

- Games, such as relays
- Hold class outdoors
- “Free choice” time
- Stickers/pencils
- Balloons/bubbles
- Art supplies/projects
- Read a story
- Movie day

Healthy snack options:

- Fresh fruit
- Smoothies
- Frozen bananas with shredded coconut
- Vegetables with a variety of healthy dips (hummus, guacamole, salad dressing)



Who Created SCUSD’s Wellness Policy?

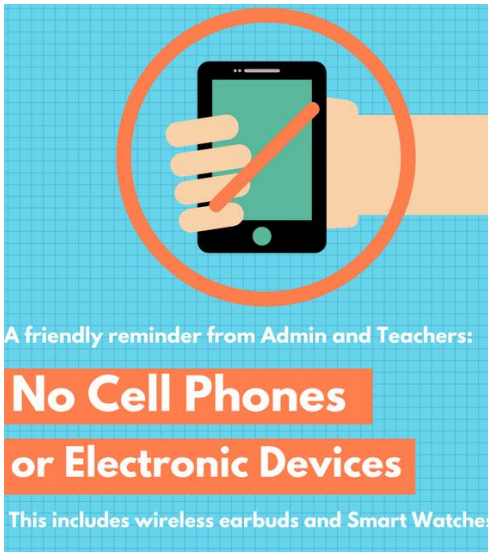
A group of caring and concerned parents/guardians, students, nutrition service employees, physical education teachers, school health professionals, board members, administrators, and members of the public joined together to form the SCUSD Wellness Committee, and write the policy. The committee meets monthly and welcomes new members!

Additional information is available here: [Brochure](#) & [FAQ](#)

SCUSD’s Wellness Policy Committee is meeting on the following dates and times and welcomes new members!

April 12 @ the Serna Center from 4-5pm, May 3rd @ the Serna Center from 4-5pm

ELECTRONIC USE POLICY REMINDER



Cell phones, Apple Watches and Smart Watches are allowed on school campus, but must remain in the student's backpack and be turned off during school hours, per SCUSD policy.

Students may use phones on the way to and from school, however, cell phones must be turned off and put away when students enter campus. Cell phones, I-pods, or any other electronic devices are not allowed at recess. Students caught with a cell phone or electronic device while at school will have the device taken away and kept in the office for safekeeping until a parent/guardian can pick it up. In some classes it may be necessary for the teacher to collect and then return cell phones each day. In an emergency situation a student may be allowed to use a cell phone to contact a parent with specific information provided by the school, with the permission of staff. Students are not allowed to take pictures or video on campus using cell phones or any other electronic device. Cyber bullying and harassment are not tolerated and will be addressed on a case by case basis per the education code. The school encourages parents to actively monitor their child's engagement with social media so as to prevent inappropriate behavior.

School Community Events and Activities

GotSneakers Drive Continuing Into 2023!

Our GotSneakers Drive has been very successful and we will continue into 2023. If you have more sneakers to donate, or have not had a chance to participate yet, you've still got time!

Please drop off donated sneakers in the bin next to the library door or at the TK/Kinder entrance door, rather than bringing them into the office, please and thank you!



SIGN UP BY END OF TUESDAY FEBRUARY 22nd!!!

Email carrietjpta@gmail.com with questions.



Let's see our Judah Bears shine! Theodore Judah Elementary presents its annual Talent Show, LIVE at the Theodore Judah Auditorium on February 24th from 6pm-7pm.

This event is open to ALL students! Acts can be single performers or groups! Any and all talents encouraged! Acts must be age and subject appropriate and last no longer than 3 minutes. Participants will provide their own music or audio (downloaded only).

There will be an ABSOLUTELY MANDATORY dress rehearsal on Thursday, February 23rd from 6pm-7pm to run through the show exactly as it will be performed on Friday.

Please sign-up [here](#) and include:

Student Name and Grade

Parent's Name and Email Address

Short Description of the Performance

TJE's Book Fair has arrived!

Shop online beginning TODAY and shop in person Feb. 21 - 24 on campus in TJE's library. To shop in person parents can come on campus from 2-3 PM on Tues., Wed., & Fri. and 1-3 PM on Thurs. Your purchases directly support our school as Scholastic gives back 25% in rewards!

What's the easiest way to shop? Save the hassle of needing a last minute dash for cash and create an eWallet instead. Due to the coin shortage TJE is limited on giving back change so an eWallet will also help tremendously here. You can also create a book wishlist to share with friends and family.

Create your eWallet, wish list, and shop - all using TJE's special Book Fair link:

<https://bookfairs.scholastic.com/bf/theodorejudahelemschool1>

Questions: email courtney-garis@scusd.edu or call 916-395-4790. This is a great opportunity to get new books to read during TJE's Read-A-Thon! Happy shopping.



We are kicking off our 2023 READ-A-THON!

How better to raise funds for our ALIVE! Programs than reading!

We will begin counting our minutes the last week of February, when we will be celebrating all things reading!

Pledge your support today!

<https://app.99pledges.com/fund/tjbears>



The Theodore Judah PTA is a vital, parent-run organization that uses donations to 100% fund the enhanced educational curriculum at Judah, also known as our ALIVE programs. Without these funds, students would not receive enhanced Science, Garden, Kindness, Art, and Music instruction every week. Our school would not have the wonderful learning opportunities and the fun annual events we do without your monetary support. Please DONATE - no amount is too small. Your ongoing backing and support are truly appreciated and go to a great cause!

The enhanced ALIVE curriculum sparks our young imaginations and creates well-rounded students ready to make an impact and succeed. Other PTA-sponsored events foster a sense of school community and help make friendships and memories.

Your donations will help pay for:

- ALIVE Science, Art, Garden, Kindness, & Music Curriculum
- School and Community Events
- Classroom Enrichment

Snapshots from TJE!

This past Thursday, the Tooth Fairy came to visit our TK and Kindergarten Classes! Plus, students, with an assist from Chompers the dog, learned about how to take good care of their teeth!



TRANSITIONAL KINDERGARTEN



For students who turn five September 2, 2023 through April 2, 2024

Transitional Kindergarten (TK) is a stepping stone between preschool and kindergarten. The optional program provides students with an additional year of preparation, so they enter kindergarten with stronger academic, social, and emotional skills needed for future success in school.

Sacramento City Unified has expanded its transitional kindergarten to 33 locations for the 2023-2024 school year.

TRANSITIONAL KINDERGARTEN SCHOOL LOCATIONS

- | | |
|---|--|
| A.M. Winn Public Waldorf (TK-8) - 3351 Explorer Drive, 95827 | John Still (TK-8) - 2200 John Still Drive, 95832 |
| Alice Birney Public Waldorf (TK-8) - 6251 13th Street, 95831 | Leataata Floyd (TK-6) - 401 McClatchy Way, 95818 |
| David Lubin (TK-6) - 3535 M Street, 95816 | Leonardo da Vinci (TK-8) - 4701 Joaquin Way, 95822 |
| Earl Warren (TK-6) - 5420 Lowell Street, 95820 | Mark Twain (TK-6) - 4914 58th Street, 95820 |
| Edward Kemble (TK-6) - 7495 29th Street, 95822 | Martin Luther King Jr. (TK-6) - 480 Little River Way, 95831 |
| Elder Creek (TK-6) - 7934 Lemon Hill Avenue, 95824 | Oak Ridge (TK-6) - 4501 Martin L. King Blvd., 95820 |
| Ethel I. Baker (TK-6) - 5717 Laurine Way, 95824 | Pacific (TK-6) - 6201 41st Street, 95824 |
| Ethel Phillips (TK-6) - 2930 21st Avenue, 95820 | Parkway (TK-6) - 4720 Forest Pkwy., 95823 |
| Genevieve Didion (TK-8) - 6490 Harmon Drive, 95831 | Pony Express (TK-6) - 1250 56th Avenue, 95831 |
| Golden Empire (TK-6) - 9045 Canberra Drive, 95826 | Sequoia (TK-6) - 3333 Rosemont Drive, 95826 |
| H. W. Harkness (TK-6) - 2147 54th Avenue, 95822 | Susan B. Anthony (TK-6) - 7864 Detroit Blvd., 95832 |
| Hollywood Park (TK-6) - 4915 Harte Way, 95822 | Sutterville (TK-6) - 4967 Monterey Way, 95822 |
| Hubert Bancroft (TK-6) - 2929 Belmar Street, 95826 | Tahoe (TK-6) - 3110 60th Street, 95820 |
| Isador Cohen (TK-6) - 9025 Salmon Falls Dr., 95826 | Theodore Judah (TK-6) - 3919 McKinley Blvd., 95819 |
| John Bidwell (TK-6) - 1730 65th Avenue, 95822 | Washington (TK-6) - 520 18th Street, 95811 |
| John Cabrillo (TK-6) - 1141 Seamas Avenue, 95822 | Woodbine (TK-6) - 2500 52nd Avenue, 95822 |
| John Sloat (TK-6) - 7525 Candlewood Way, 95822 | |

TK & HEAD START/STATE PRESCHOOL COLLABORATIONS

At Edward Kemble, Ethel Phillips, Earl Warren, Isador Cohen, John Bidwell, Mark Twain, Martin Luther King, Jr; Parkway, and Susan B. Anthony - transitional kindergarten is integrated with Head Start/State Preschool to provide a full 6.5 hours of care.

Additional Benefits

- Nap Time
- Family Style Meals in Classroom
- Smaller Adult to Student Ratio of 18/110
- Developmental Screeners
- Toothbrushing

ENROLLMENT INFORMATION

To qualify to register for TK, students must be 5 years of age September 2, 2023, through April 2, 2024 and live within the Sacramento City Unified School District boundaries. Applications can be submitted online at www.scusd.edu/tk.



SCHOOL CHOICE

Enter your address into School Finder at www.scusd.edu/school-finder, to find your neighborhood school and/or the closest TK program.

Families can choose to apply to any TK location, but priority for school selection is the following:

1. Students who reside within the selected school boundaries* and/or is the closest TK location to their primary residence.
2. Siblings of students already in attendance at the selected school and will continue to be enrolled in the upcoming school year.
3. Students whose parent/guardian's primary place of employment is the selected school.

**A.M. Winn, Alice Birney and Leonardo da Vinci schools are schools of choice and do not have neighborhood boundaries. Applicants to these programs will not receive priority based on location.*

SCHOOLS WITH ADDITIONAL REQUIREMENTS

Applicants to one of the TK & Head Start/California State Preschool collaborations (Edward Kemble, Ethel Phillips, Earl Warren, Isador Cohen, John Bidwell, Mark Twain, Martin Luther King, Jr; Parkway, and Susan B. Anthony) must meet income eligibility guidelines to qualify. For more information contact the Early Childhood and Care Department at (916) 395-5500.

A.M. Winn, Alice Birney and Leonardo da Vinci schools require an adult representative (parent/guardian) to attend a school visitation and complete a student interest form in order to qualify. Please contact the schools directly for more information.

LOTTERY AND REGISTRATION

A lottery must be implemented if applications exceed the grade capacity at the requested school. Enrollment will be based on lottery results held in May 2023. Enrollment at the school of residence is not guaranteed. After the lottery, families will be notified of their application's status. Families will either be offered placement or put on a waitlist for their requested school. Families that are offered placement will have to complete the registration process with the Enrollment Center. If a qualified student is on the waitlist for a school, the District will identify a seat at the nearest school site with space available. No qualifying student will be denied a spot into Transitional Kindergarten.

Applications that are received after the May 2023 lottery, will be processed based on space availability at the time of the application.

BEFORE AND AFTER SCHOOL CARE

Families who are interested in having their TK student in Sac City Unified's Expanded Learning program will be given priority. Registration will be available at www.youthdevelopmentscusd.org starting in March 2023.

