

# The Bear Essentials

OCTOBER 24, 2022

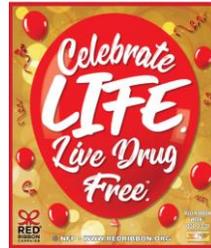
## Principal's Message

First and foremost, I'm happy to report the Harvest Festival this past Friday was awesome! With so many great activities, food, and fun to be had, I now know first-hand why this is such a highly anticipated and beloved event at our school. It is also a testament to how great our community is and what we can accomplish together!



We are so fortunate to have an amazing PTA to spearhead this type of event at our school. Thank you to all our PTA members and especially our VP of Events, Carrie Bellarbi-Salah! I would also like to express great thanks to our parent and student volunteers, staff, and all those who donated as well.

This week is National Red Ribbon Week. As stated in our student newspaper *TJ Times*, "Red ribbon week is about being drug-free... and inspires kids to be healthy, happy, and brave." The theme this year is "**Celebrate Life. Live Drug Free.**" Listed below are the spirit wear themes for each day as we embrace safe and healthy choices.



Of course we are all very excited for our upcoming Halloween Parade on the 31<sup>st</sup>. We will start the parade at 10:45 am. Students in 1<sup>st</sup>-6<sup>th</sup> grade should come to school in normal dress and bring their costumes to change into. TK and kindergarten will come in costume. As always, please no masks, face paint, weapons, props or gory/violent costumes. When in doubt, please check with your child's teacher. 🍊

Wishing you a healthy and happy week ahead!  
Ms. Koehler

### RED RIBBON WEEK – October 24-28, 2022

Monday: "**Be Happy, Be Brave, Be Drug Free!**" *Wear red.*  
Tuesday: "**Your future is bright! Make healthy choices.**" *Wear neon.*  
Wednesday: "**Team up against drugs!**" *Wear sports shirt or jersey.*  
Thursday: "**Judah bears choose healthy!**" *Wear Judah shirt or blue & gold.*  
Friday: "**We make healthy choices from head to toe!**" *Crazy hair and crazy sock day!*



## Calendar of Upcoming Events

- 🐾 October is National Bully Prevention Month
- 🐾 TJE Kindness Characteristic: Confidence
- 🐾 October 24<sup>th</sup>-28<sup>th</sup> Red Ribbon Week
- 🐾 October 31<sup>st</sup> Last day for LCFF Applications
- 🐾 October 31<sup>st</sup> Halloween Parade!
- 🐾 November 6<sup>th</sup> Daylight Savings Time Ends Set clocks **BACK** 1 hour
- 🐾 November 8<sup>th</sup> Bike Bus
- 🐾 November 9<sup>th</sup> School Site Council Meeting
- 🐾 November 11<sup>th</sup> Veteran's Day \*School Closed\*
- 🐾 November 16<sup>th</sup> PTA Meeting

## Looking Ahead...

- 🐾 November 19<sup>th</sup>-27<sup>th</sup> Thanksgiving Break \*School Closed\*
- 🐾 December 1<sup>st</sup>-9<sup>th</sup> Parent-Teacher Conferences Shortened-Day Schedule

## Important Information, Announcements & Resources

### LCFF Applications: **PLEASE RETURN NO LATER THAN OCT. 31<sup>st</sup>!**

You can complete it online by visiting <https://scusd.rocketscanapps.com/default.aspx>. It takes only a few minutes to complete the form.

**Please note: Our school office personnel will also be calling this week to complete the surveys over the phone.**

- To submit an application, after you join the website, read the terms and conditions and check the box to say that you have done so.
- Submit **one application per household** and include children and adults living in the household.
- Then type in your name and click the 'Next Task' button.
- On the next page, please **DO NOT check** the 'I do not wish to apply' box.
- *Instead* **click 'Next Task'** and input details for your student, clicking 'Add this child.' Repeat this step for each child you have that attends Theodore Judah.

Please note that your information is confidential. SCUSD aggregates the data by school (no personal data), which is then submitted to state for funding. The district website has more information: <https://www.scusd.edu/lcffapp>

We are also of course still gladly accepting the paper application in the office until the October 31<sup>st</sup> deadline. Thank you for your help!

## School Safety & Wellness

**Recent events in our school district and surrounding neighborhood area have reinforced our awareness of the need to be vigilant and cautious when it comes to keeping our community safe. I am therefore reposting below the information regarding our safety measures.**

### ❖ Closed Campus

- For the safety of our students and staff, Theodore Judah campus is closed to unauthorized visitors.
- All authorized visitors must *sign in and out* of the school office. In case of an emergency, it is very important we can accurately assess who is on site.
- Visitors and volunteers should wear an identifying badge at all times.
- All doors and gates are locked at all times, except for scheduled student arrival and departure times. **Please do not prop open doors and leave them unattended when exiting campus.**
- Our School Safety is continuing to work to take steps to ensure the safety of all of our community members on campus.
- If you see unusual activity around our school site, please contact the office at **916-395-4790**. **"If you see something, say something."** Thank you.

We are also heading into the official start of holiday season. Some (I'm looking at you Amazon Prime) would say it has already begun...But I am confident that it isn't too early to be prepared for the coming colds and sniffles. If you haven't already, please read below the post from last week for what you can do to help keep viruses at bay.

❖ **Seasonal Illness and COVID-19 Mitigation**

It is the time of year when seasonal cold and flu viruses begin to abound. With possible increases of COVID-19 as well, it is very important to mitigate the spread of infections. We want all our community members to be well. We are also especially mindful of illness-related absences that can affect attendance and lead to learning loss. **Illness prevention measures include:**

- Regular and proper hand washing. See the graphic below for the proper technique!
- Masking is not required, but the district strongly recommends wearing a mask to reduce airborne transmission.
- Current district guidelines require students and staff who are experiencing signs of illness to stay home and test for COVID-19. See the updated FAQ here: <https://returntogether.scusd.edu/isolation-quarantine-guidance>
- Free COVID-19 testing is available at our school. Please take a moment to ensure you have an updated annual registration for permission to test your student(s). You can use the link here. <https://my.primary.health/l/scusd-edu>
- More information on SCUSD testing available here: <https://www.scusd.edu/covid-19-testing>

- 🐾 **BE SAFE**
- 🐾 **BE RESPONSIBLE**
- 🐾 **BE RESPECTFUL**
- 🐾 **BE KIND**



School Community Events and Activities



**HARVEST FESTIVAL 2022  
A GHOULISHLY GOOD TIME!**





